

MENTAL HEALTH

HELP LINES & SUPPORT

SERVICE

CONTACT

Access 24/7- Adult Intake Service Range of urgent and non-urgent services including service navigation, screening, assessment, referral, consultation, crisis intervention, outreach and short-term stabilization	1-866-332-2322
Addiction Services Helpline	1-866-332-2322
Alberta Mental Health Helpline 24/7	1-877-303-2642
Alberta Health Services Central Lines Access Addiction and Mental Health	1-888-594-0211
Canada Suicide Prevention Service	1-833-456-4566
Hope for Wellness - Indigenous Support	1-855-242-3310
Kalyna Country PCN, Community Supports Navigator	780-632-2091
Kids Help Phone	1-800-668-6868
The LGBTQ+ Youthline	1-800-268-9688
Mental Health Capacity Building (MHCB) Vegreville	780-218-5844
Rural Distress Line	1-800-232-7288
Rural Rapid Access Counselling	1-877-244-2360
Veg AI-Drug Society	780-632-6617
Vegreville Walk-in clinic - addictions & mental health	780-632-2714
Vegreville FCSS Community Counselling	www.guidedpathcg.ca 780-318-1480
24 Hour Distress Line (CMHA) Text "CONNECT" to 686868	1-780-482-4357
9-8-8 Suicide Crisis Hotline	Call or text 9-8-8



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